

I. COURSE DESCRIPTION:

This course will provide students with knowledge in the development and growth of nails, the structure of the nail, its disorders and diseases. Students will gain skills in client consultations and recognize contraindications. Students will develop the practical skills required to carry out manicure procedures, hand and arm massage and add on treatments. Emphasis will be placed on achieving a perfect polish application. Safety and sanitation procedures will be practiced.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Identify common implements used in nail care and apply effective sanitation and disinfecting procedures.

Potential Elements of the Performance

- a. Identify implements used for manicures.
- b. Describe what each implement is used for.
- c. Identify implements that are reusable.
- d. Identify implements that are disposable.
- e. Practice safe and effective use of implements
- f. Follow sterilization and sanitation procedures.

2. Identify basic nail cosmetics.

Potential Elements of the Performance:

- a. Describe what nail cosmetics are.
- b. Know what each product is used for.
- c. Describe the correct technique for the application of these products.

3. Demonstrate the proper set up of a manicuring table.

Potential Elements of the Performance:

- a. Identify implements, materials and nail cosmetics
- b. Follow step-by-step procedure for set up.
- c. Maintain a clean, safe and sanitary work area.
- d. Practice all sanitation and sterilization procedures.

4. Perform a professional client consultation.

Potential Elements of the Performance:

- a. Explain the purpose of a client consultation.
- b. Describe the information that should be gathered on the client health/record form.
- c. Determine client's needs
- d. Determine when it is necessary to refer a client to a physician.
- e. Conduct self in a professional manner.
- f. Recommend products and services.
- g. Record information accurately.

5. Perform a manicure.

Potential Elements of the Performance:

- a. Perform step-by-step procedures.
- b. Perform sanitation and sterilization of all equipment and implements.
- c. Incorporate all safety and sanitation requirements.

6. Perform a hand and arm massage.

Potential Elements of the Performance:

- a. Perform step-by-step procedures.
- b. Understand the benefits of massage.
- c. Identify conditions where precautions must be taken.

7. Demonstrate the correct technique for a perfect polish application.

Potential Elements of the Performance:

- a. Follow step by step procedures for a colored polish.
- b. Follow step-by-step procedures for a French Polish.
- c. Ensure a hairline gap is left around the nail.
- d. Ensure the polish is not on the skin or cuticle.

8. Perform a paraffin wax hand treatment.

Potential Elements of the Performance:

- a. Describe the benefits of a paraffin wax treatment.
- b. Identify contraindications.
- c. Follow step-by-step procedure.
- d. Incorporate all safety and sanitation requirements.

9. Perform a reconditioning hot oil manicure.

Potential Elements of the Performance:

- a. Identify when to offer this treatment.
- b. Describe the benefits.
- c. Describe contraindications.
- d. Follow step-by-step procedures.
- e. Incorporate all safety and sanitation requirements.

10. Identify the basic parts of the nail unit

Potential Elements of the Performance:

- a. Name parts of the nail and where they are located.
- b. Explain the purpose of each

11. Identify common nail disorders and diseases

Potential Elements of the Performance

- a. Identify nail disorders that can and cannot be serviced.
- b. Describe signs and symptoms of nail diseases.
- c. Recognize when to recommend medical attention.

12. Recommend Products and Services

Potential Elements of the Performance:

- a. Describe how certain products and services can be beneficial.
- b. Advise client on homecare.

III. TOPICS:

1. Nail Equipment, Implements, Materials and Nail Cosmetics
2. Manicure Table Set-Up
3. Nail Shapes
4. Polish Application
5. Sanitation and Disinfection
6. Client Consultation
7. Manicures
8. Nail Anatomy
9. Hand and Arm Massage
10. French Polish
11. Nail Disorders
12. Nail Diseases
13. Paraffin Wax Hand Treatment
14. Hot Oil Manicure
15. Spa Manicure
16. Anti-Aging Hand Treatment
17. The Male Manicure
18. Buffing
19. Products and Services

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Handouts, Nail Kits and Towels

V. EVALUATION PROCESS/GRADING SYSTEM

Nail Structure and Growth	15%
Mid Term Exam	15%
Nail Disorders and Diseases	15%
Regular Polish Application	10%
French Polish Application	10%
Nail Portfolio Due Feb.13/08	10%
Final Practical Exam	25%

In Order to Successfully Complete this Course: An 80% attendance is required in order to receive a passing grade.

Attendance: A penalty of 1% per day absent will be deducted from your final grade.

Missed Tests: You will not be able to achieve higher than a C grade.

Nail Care Techniques 1 is a Prerequisite for Nail Care 2

You Must Pass Nail Care Techniques 1 in Order to be Accepted into Nail Care Techniques 2.

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	0.00

CR (Credit)	Credit for diploma requirements has been awarded.
S	Satisfactory achievement in field /clinical placement or non-graded subject area.
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course without academic penalty.

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Communication:

The College considers Web CT/LMS as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the Learning Management System communication tool.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in the *Student Code of Conduct*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Chair's secretary. Students will be required to provide a transcript and course outline related to the course in question.